

Study Skills Assessment

1

3

5

Never

Usually

Always

Assess your study habits in each category. Total up each section, and any section with a score of 17 points or less indicates an area of weakness

Time Management

1. I have a set time each day when I study.	
2. I prepare a "to do" list each day.	
3. My school work comes before my social events.	
4. I begin major assignments in advance.	
5. I prepare for tests by learning a small amount for several days in advance, instead of one long study session the night before an assessment.	
Total	

Study Aids

1. I have a system for reminding me of tasks I must complete.	
2. My notebooks are neat and organized.	
3. I summarize my notes.	
4. I do quick reviews of my notes often.	
5. I use flashcards when studying vocabulary or a large number of topics.	
Total	

Workspace

1. I have a space dedicated to quiet study.	
2. My study space is free from distractions, i.e., noise, phones, TV, etc.	
3. My cell phone is turned off while I study.	
4. I have all my supplies, notebooks, computer, and books all within reach at my study space.	
5. I use my study space consistently.	
Total	

Test Strategies

1. I carefully read and follow exam questions and all directions.	
2. If I don't understand a question I move on and not waste time trying to find a solution.	
3. I go back and check my work after finishing my test.	
4. I prepare in advance for all of my tests, exams, or quizzes.	
5. When preparing for a test or exam I try to find out what the exam will cover.	

Motivation

1. I try to make good grades for myself and not just to please others.	
2. I try to sit near the front of the class if possible.	
3. I look at the instructor when he/she is speaking to the class.	
4 I complete my assignments before class.	
5. I don't text or check email, Instagram or Facebook during class.	
Total	

Organization

1. I keep a calendar for my school activities, tests, projects, and meetings.	
2. I remember to turn in all assignments.	
3. I have a system that reminds me to turn in assignments. (phone, agenda, calendar, etc.)	
4 My notebooks are divided into sections and kept orderly.	
5. I arrive to class with all of my supplies consistently.	
Total	